



10 FINANCIAL HABITS THAT MATTER THE MOST

Your habits and your results are intertwined. This is especially true with your finances. Your financial habits have a profound effect over long periods of time. Answering these questions will help you put a plan into place for incorporating the beneficial habits that lead to financial success and security for a bright future.

1. What are my three worst financial habits? What changes could I expect to see in my finances if I were able to eliminate these harmful habits?

2. How did my negative financial habits begin? What caused me to start these behaviors in the first place? Has the situation changed? How can I address this underlying cause?



3. What are three most important financial habits I can add to my life? What impact would they have?

4. What are the triggers that start the process of my engaging in counterproductive financial behavior? How can I avoid these triggers?

5. What are the obstacles I'm likely to face when starting my new, positive financial habits? What is my plan for overcoming these obstacles?



6. How will I handle setbacks when they occur?

7. How can I reward myself after a successful 30-day period?

